



RETIRED ACTIVITIES OFFICE



F A M I L Y S E R V I C E C E N T E R

The mission of this office is to act as a liaison between the retired community and the Commanding Officer of Naval Station Rota ensuring that the needs of the retired community are heard and recognized. Another important aspect is to lobby for changes that improve the quality of life for retirees and their dependents on the Iberian Peninsula.

The Retired Activities Office Director, Barbara Theroux, assists retirees and their families with any problems that may arise and helps them obtain a positive outcome. This position is appointed by the Commanding Officer of Naval Station Rota, Spain.

Services Offered to Retirees and their Dependents

- Ø Veteran's Benefits
- Ø Survivor's Benefits
- Ø Social Security Benefits
- Ø VA Medical Claims/Appeals
- Ø Non-receipt of Ret. Check/Benefit
- Ø Reporting Retiree Deaths
- Ø Honor/Color Guard for Funerals
- Ø Basic Trouble Shooting of Needs
- Ø Contact DFAS on Pay Problems
- Ø Organize Annual Seminar, Spain
- Ø Rights/Benefits Counseling
- Ø Medical Assistance/Visiting Nurse
- Ø DSN/Commercial Phone Lines
- Ø Internet Access to Solve Problems
- Ø Information/Referral within FSC
- Ø VA Applications, Claims, Appeals
- Ø Community Support
- Ø Assistance for Bi-Lingual Spouses
- Ø Housing/Area Info & Referrals
- Ø Internet Download for Forms/Info
- Ø Job Assistance, Referrals/Info
- Ø Obtaining Base Pass Assistance for Retired Volunteers

HOURS

Monday, Wednesday, & Friday
12:00 – 17:00
Please call for an appointment to receive prompt service.

PHONE NUMBERS

On Base: 3232
Off Base: 956-82-3232
Commercial: 011-34-956-82-3232
DSN: 727-3232
Fax: 1709
Director's E-Mail:
therouxb@navsta.rota.navy.mil

LOCATION

Navy Family Service Center
Building 1743

ADDRESS

Navy Family Service Center
Retired Activities Office
PSC 819 Box 57
FPO AE 09645

RAMIC

The RAMIC **meets at 1300 on the second Tuesday of each month** at the Spanish Sub Oficiales Club for the latest information of interest to American Military Retirees. This is a forum where Retirees can express their concerns and have them addressed. No host lunch follows these meetings.

